January 26, 2017

Cedar Creek Crew

Freshman Orientation minutes

Presentation by The Southern New Jersey Scholastic Rowing Association (SNJSRA):

Board Members from the Association stressed the importance of volunteering and representing Cedar Creek High School Crew. There are many jobs that require volunteers before the start of the races and the day of the race. Examples include parking volunteers, referee launch drivers, setting up buoy lanes. This year the association needs volunteers to crimp the cable lines for the race lanes. The volunteer coordinator is Cookie Castro who will notify our Club when volunteers are needed. Volunteering for the Association is a great way to learn the sport.

Presentation by Dawn Stollenwerk, Club Treasurer:

Dawn presented a power point presentation and explained the Club rules, budget (including capital), fees and fundraising efforts. All of the information she presented in her powerpoint is accessible on the Club’s website at [www.piratesrow.com](http://www.piratesrow.com)

Coach Jones discussed the Spring schedule as well as the benefits of the sport. While crew is a very physical and mental sport, the rewards can payoff immensely with greater access to scholarships and having your child in great physical shape. Coach Jones clearly explained the importance of a rowers commitment. Attendance for practices and all races is mandatory and critical for the success of the program. Rowers practice 5 to 6 days a week.

**The swim test is February 8th. Rowers will be bused to the pool. Absegami sprints are February 11th.**

Positions on a boat are impacted when a rowers misses a practice. During the week, rowers are transported from the school to the Boat house for practice. Rowers must be picked up at the boat house. Practices generally conclude between 5 and 6 pm. Parents are not permitted in the back area of the marina. They must wait for rowers after practice. Parking is not permitted across the street from the marina. Tickets will be issued is you park in this area. Coaches will communicate via text messages so it is important for parents to sign up for text reminders. This can be done by sending texting @08215 to 82010

*SJSRA handout and Spring schedule are available on the website: www.piratesrow.com*